

# Choosing Your Hero Couple

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## A. THE PURPOSE OF A HERO COUPLE

- To be your personal marriage coach.
- To model a healthy, growing marital relationship.
- To hold you accountable & offer encouragement.
- To work through the tough questions.
- To help you face issues sooner rather than later.
- To help you with your communication skills.

## B. WHO YOUR HERO COUPLE SHOULD BE

- A couple that both of you have observed, know and respect.
- Any couple other than your parents.
- A couple who has been married at least 5 years.
- A couple who has the time and agrees to be your Hero Couple.

## C. HOW TO CHOOSE A HERO COUPLE

- List the names of some couples whose marriages you respect.
- Think through the pros and cons about each couple.
- Ask God in prayer for a peace about who you should ask.
- Choose the best and approach them.

## D. WHAT TO DO WITH YOUR HERO COUPLE

- Talk about the current adjustments in your marriage.
- Be willing to open up through question and answer.
  - Ask questions of them -- use them for their wisdom gained through experience!
  - Let them ask you questions -- and be honest in your answers!
- Find out how your Hero Couple keeps their love alive.
- Find out how your Hero Couple made it through hard times.
- Look forward to receiving encouragement from them.

**NOTE: If you don't have a possible hero couple to turn to, please contact us - and we will mentor you online.**