

Top Resources for Marital Preparation

Recommended by Dr. Dave Currie and Christie Rayburn ®

A. Recommended Marriage Uncensored with Dave and Christie Episodes- Watch Online Together

Season 6

- | | |
|--|-------------|
| 1. The Gamble of Marriage After a Run of Divorce | Episode 602 |
| 2. DNA of Relationships | Episode 603 |
| 3. Big Wedding Little Marriage | Episode 607 |
| 4. Secrets of Happily Married Men | Episode 609 |
| 5. Secrets of Happily Married Women | Episode 610 |

Season 5

- | | |
|---|-------------|
| 1. How To Avoid Marrying a Jerk | Episode 501 |
| 2. Communication, Conflict, & Closeness | Episode 518 |
| 3. The A.W.E. of Romance | Episode 519 |

Season 4

- | | |
|--|-------------|
| 1. Understanding His Needs, Her Needs | Episode 401 |
| 2. Yours, Mine, & Ours: Blending a Step-Family | Episode 407 |
| 3. Remarried With Kids: How To Make This One Last | Episode 408 |
| 4. What Most Women Desire but Still Long For | Episode 415 |
| 5. What Most Men Need but Lack | Episode 419 |
| 6. Sex....In the Beginning | Episode 420 |
| 7. Screaming For Attention: What Your Spouse Wishes You Knew | Episode 430 |

Season 3

- | | |
|--|-------------|
| 1. Runaway Bride: Are You Ready to Get Married | Episode 304 |
| 2. The Four Pillars of Marriage- Commitment | Episode 306 |
| 3. The Four Pillars of Marriage- Communication | Episode 307 |
| 4. The Four Pillars of Marriage- Companionship | Episode 308 |
| 5. The Four Pillars of Marriage- Closeness | Episode 309 |
| 6. For Women Only | Episode 328 |
| 7. For Men Only | Episode 329 |

B. Recommended Books - Read and Discuss

1. How to Avoid Marrying a Jerk by John Van Epp
Have you ever been blinded by love? Looking for ways to distinguish between your Prince Charming and someone who's not who they say they are? Based on years of scientific study on marital and premarital happiness, *How to Avoid Marrying a Jerk* provides a roadmap to using your head **and** heart when choosing a life partner.
2. Saving Your Marriage Before It Starts by Drs. Les & Leslie Parrott
Meeting the needs of a generation overwhelmed by divorce odds, relationship experts Les & Leslie Parrott share seven key questions to help couples identify and overcome stumbling blocks to a building a healthy, lifelong marriage.
3. Saving Your 2nd Marriage Before It Starts by Drs. Les & Leslie Parrott
Sixty percent of second marriages fail. Yours can be among the ones that succeed. Relationship experts Les and Leslie Parrott show you nine vital keys that can help you

beat the odds with flying colors and make remarriage the best thing that's ever happened to you.

4. For Men Only by Jeff & Shaunti Feldhahn

Wondering if you'll ever understand women? Do you love and want to please the woman in your life, but just can't seem to figure her out? That was before *For Men Only*. Now at your fingertips is the tool that will unlock the secret to her mysterious ways.

5. For Women Only by Shaunti Feldhahn

Find out what he's really thinking! *For Women Only* offers fascinating insights into the secret lives of men. Based upon a landmark nationwide poll, Shaunti Feldhahn offers ground-breaking information and advises how to convert her revelations into practical application.

6. The Couple's Checkup by David Olson, Amy Olson-Sigg and Peter Larson

Just like going to the doctor's for a checkup, every relationship can benefit by a regular assessment of its health. *The Couple Checkup* will give you a snapshot of your strengths and give you ways to grow so you can make better choices for a happier and more successful relationship.

C. Recommended Websites- Find All Kinds of Helpful Resources

1. www.marriageuncensored.com

This website is a great resource with over 60 full-length episodes from past seasons available to watch online for free. Check out our Marriage Help section for videos, articles and to ask your questions.

2. www.realrelationships.com

This website is a phenomenal resource, complete with assessments, relationship book suggestions, and relevant relationship advice. Their Video on Demand gives helpful answers to many different questions on topics such as communication, conflict resolution, in-laws and sex.

3. www.johnvanepp.com

Specializing on pre-marital preparation and maintaining intimacy in marriage, this website provides great video clips that will help you in your relationship.

4. www.prepare-enrich.com

With a desire to help prepare couples for marriage and enrich marriages that already exist, this website gives helpful "checkups" for couples to give them a snapshot of their relationship strengths and things to work on. There are also useful articles and recommendations for counselors.

5. www.familylifecanada.com

This website is home to the ministry of [FamilyLife Canada](http://www.familylifecanada.com) – an organization committed to resourcing and equipping people for healthy and successful relationships. You'll find everything from life-impacting marriage and parenting conferences to helpful articles and free podcasts. Check it out today!