

OUR CHALLENGE TO YOU: HAVE AN AFFAIR WITH YOUR SPOUSE!

CHILDHOOD MAGIC

This is when things don't have to "make sense" – it's the sheer delight of spontaneity and fun play!

- Have a tickle fight
- Race each other to the car, store, house
- Put on pajamas & watch a movie with popcorn
- Play a game together
- Hold hands & skip ... or twirl
- Start a pillow fight

ADOLESCENT SEXUALITY

Remember when you couldn't keep your hands off each other? Re-create that kind of high desire!

- Engage in a passionate kiss when least expected.
- Flash your spouse.
- In front of others, whisper in his/her ear something you wish you could do to them right now.
- Outrageously flirt all day long!
- Let your hand wander under the table.
- Dare your spouse to sneak as many peeks as possible since you chose not to wear anything underneath your clothing.

ADULT MOBILITY

Make your spouse feel incredibly wanted by being willing to do anything to get to spend time with them!

- Call or text 3 times during the day to share what you appreciate about them.
- Send an invite to meet you at a discreet location.
- Go out of your way to bring them their favorite drink every day for a week.
- Stop by their place of work with a surprise!
- Rearrange your schedule to spend unexpected time alone with him/her.
- Schedule ahead of time 2 dates with them for the month.