

The Worst Thing a Man Does to a Woman: Leaving Her Alone but Married

**What makes marriage miserable for a woman is the isolation she feels when her husband seems to leave the marriage emotionally. Unfortunately, this is often a defense against shame that he feels.*

Examples of Leaving Her Alone:

1. **Alone at Home** – she feels solely responsible for all of the household chores and keeping everything running.
2. **Alone in her Dreams** – being left out of important aspects of his life (i.e. decisions related to finances, children, etc...).
3. **Alone on the Outside of his life** – work takes up so much of our time, but if he does not choose methods to recuperate that include her, she is once again left out.
4. **Alone in Bed** – It's all about *his* orgasm. Her enjoyment (foreplay, orgasm) is underappreciated or ignored. Sex is the only time he shows any affection.
5. **Alone on the Edge of His Depression** – when help is not sought, disconnection is inevitable.
6. **Alone in her Fears** – most men have no idea how frightening, threatening and terrorizing their anger is to women, even when it's not directed at them.
7. **Alone on the Edge of Her Competence** – being unsupportive of his wife when she makes more than he does, due to his feelings of failure for not supporting his family and their relationship financially (a responsibility that he feels rests on him).